

### EXPLORING YOUR SENSES

"Half-way between Pooh's house and Piglet's house was a Thoughtful Spot where they met sometimes when they had decided to go and see each other, and as it was warm and out of the wind they would sit down there for a little and wonder what they would do now that they had seen each other."



Draw yourself in your own Thoughtful Spot.



# EXPLORING YOUR SENSES WITH 4 TO 5 YEAR OLDS

#### ELG 14 - The World

Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one to another. They make observations of animals and plants and explain why some things occur, and talk about changes.

### ELG 16 - Exploring and Using Media and Materials

Children sing songs, make music and dance, and experiment with ways of changing them. They safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function.

## Find your own Spot to Think

With friends, take a walk outside.

Find a Spot where you can sit quietly. What can you see? What can you hear? Collect some leaves and twigs. What can you see? How do they feel?



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Use crayons or chalks to make a leaf rubbing or find a tree and make a bark rubbing.

# EXPLORING YOUR SENSES WITH 5 TO 7 YEAR OLDS

Colouring pencils, leaves, paper, pens, trees, twigs and I can learn about the natural world through my senses. I understand that some trees are evergreen and some vour own senses! are deciduous. What to do with Winnie-the-Pooh and Piglet too at the Thoughtful Spot As a class, take a walk outside in the "This warm and sunny spot school grounds. Discuss the senses of: hearing, sight, smell, taste and touch. Belongs to Pooh. Find a Thoughtful Spot where you can sit And here he wonders what quietly. Take time to use your senses and He's going to do. understand the natural world around you. As a group, collect different leaves and Oh, bother, I forgot – twigs in a pile. Use your senses to explore It's Piglet's too." the leaves and twigs, but do not taste them! Record your observations below. Hearing Sight • Listen to the sound of the trees, • Look at the various colours of the leaves. and the rustle of the leaves. • Which colours can you spot? • Can you make your own sound of leaves? • Create your own leaf artwork. Smell Touch • Do the leaves or twigs smell? • Compare the feel of a leaf, • Scratch the leaf or twig – does it smell twig and the bark of a tree. differently now? • What do you notice? Use different language to explain the difference.

Evergreen trees keep their leaves all year round. Deciduous trees drop their leaves during autumn time and grow new leaves in springtime. Can you see examples of both these trees in your school grounds?

# EXPLORING YOUR SENSES WITH 7 TO 11 YEAR OLDS



### Learning Objectives

I can use my senses to identify various objects. I can explain what I feel and smell.



8 pots or plain boxes with lids that have small holes pierced in the lids and 8 plain boxes or bags with access to place hands (without seeing) inside. Acorn, balloon, carrot, cheese, compost, cress, honey, leaves, onion, poohstick, tuna, twigs and your own senses!

# Catching a Heffalump with Winnie-the-Pooh and Piglet

Winnie-the-Pooh and Piglet try to catch a Heffalump by making a trap and by putting a Jar of Honey in it. They hope, that the smell would entice the Heffalump into the trap.

We rely on our senses to help guide us. There are eight Honeypots full of different things. Can you smell the Honeypots and guess what is inside? Draw a line from the pot to the word.



"As soon as he got home, he went to the larder; and he stood on a chair, and took down a very large jar of honey form the top shelf. It had HUNNY written on it, but just to make sure, he took off the paper cover and looked at it, and it looked just like honey. 'But you never can tell,' said pooh. 'I remember my uncle saying once that he had seen cheese just this colour.' So he put his tongue in, and took a large lick, 'Yes,' he said, 'it is. No doubt about that. And honey, I should say, right down to the bottom of the jar."

There are six Honeypots full of different things. Place your hand inside, and use your sense of touch to explore what is inside. Using different language explain the difference between the items inside the Honeypots. A Poohstick is in Honeypot Christopher Robin's balloon is in Honeypot Piglet's haycorns are in Honeypot Rabbit's carrots are in Honeypot Roo's cress is in Honeypot Winnie-the-Pooh's honey is in Honeypot

